



End of life medication access for primary care patients wanting to die at home

hospice@HOME are pleased to be offering patients whose terminal phase can be managed by their primary care providers, easy access to medications and 24 hour coordinated support if their preference is to die at home.

The Just in Case Box is a package of prescribed medications, consumables and 24 hour medical and nursing telephone support that enables access and haste when end of life symptoms emerge. It is placed early in the patient's home and can be used when the medications, already accessible to the patient, can no longer manage the terminal symptoms. Importantly, lay carers of those who are prescribed a Just in Case Box will also receive training and education in how to competently administer subcutaneous end of life medications. The standardised education package called [Caring Safely at Home](#) was developed by Brisbane South Palliative Care Collaborative and is now accepted as best practice for lay carer medication administration in the community.

The Just in Case Box can be ordered for those who have a prognosis of less than 6 months, meet the eligibility criteria ([Just in Case Box Guidelines](#)) and have expressed a preference to die in their own home. To refer a patient for a Just in Case Box or to find out more please contact 1800 467 742. Alternatively, you can contact one of the regional GPLOs who can also assist.

It is a recommendation of the Just in Case Box Guidelines that you watch the symptom management videos and do the Active Learning Module on the [Decision Assist Website](#). It also a recommendation that you consider taking on a [PEPA placement](#) with the Specialist Palliative Care Service. Places are available and funding is also available at present.

Additionally, Deputy Director of Brisbane South Palliative Care Collaborative, Professor Liz Reymond MBBS [Hons], FRACGP, FACHPM, PhD, will be presenting two hour workshops on end of life care and symptom management in Devonport on the 8th November, Launceston on the 9th November and Hobart on the 10th November. The workshops will be available to attend face to face or alternatively via webinar. Details will soon follow closer to the time.

Contact:

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Or contact your regional GP Liaison Officer:

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